

CUSD SURF TEAM SCHEDULES

Fall 2023

| DATE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|--|
| Aug. 14-18 | | | | DHHS - Salt Creek 7:00 AM - 8:30 AM | ANHS- Strands 7:00 AM - 8:45 AM CVHS - Salt Creek 7:00 AM - 8:45 AM |
| Aug. 21-25 | ANHS - Salt Creek 7:00 AM-8:30 AM | DHHS - Salt Creek 7:00 AM - 8:30 AM | ANHS- Salt Creek 7:00 AM -8:30 AM Tryouts | DHHS - Salt Creek 7:00 AM - 8:30 AM | ANHS- Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM - 8:30 AM |
| Aug.28 - Sep 1 | CVHS - Salt Creek 7:00 AM - 8:15 AM | DHHS - Salt Creek 7:00 AM - 8:30 AM Tryouts | ANHS - Salt Creek 7:00 AM - 8:30 AM Tryouts | DHHS - Salt Creek 7:00 AM - 8:30 AM Tryouts | ANHS- Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM - 8:30 AM |
| Sept 4-8 | Labor Day | DHHS - Salt Creek 7:00 AM - 8:30 AM | ANHS - Salt Creek 7:00 AM - 8:30 AM | DHHS- Salt Creek 7:00 AM - 8:30 AM | ANHS- Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM - 8:30 AM |
| Sept. 11-15 | ANHS-Salt Creek 7:00 - 8:30 AM | DHHS - Salt Creek 7:00 AM - 8:30 AM | ANHS - Salt Creek 7:00 AM - 8:30 AM | DHHS - Salt Creek 7:00 AM -8:30 AM | AINHS - Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM - 8:30 AM |
| Sept.18-22 | CVHS - Salt Creek 7:00 AM - 8:15 AM | DHHS - Salt Creek 7:00 AM - 8:30 AM | ANHS - Salt Creek 7:00 AM - 8:20 PM | DHHS- Salt Creek 7:00 AM -8:30 AM | ANHS- Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM - 8:30 AM |
| Sept. 25-29 | ANHS-Salt Creek 7:00 - 8:30 AM | DHHS - Salt Creek 7:00 AM - 8:30 AM | ANHS-Salt Creek 7:00 AM - 8:30 AM CVHS - Strands 7:00 AM - 8:30 AM | | ANHS-Strands 7:00 AM - 8:30AM SJHHS vs CVHS Salt Creek 7:00 AM - 9:00 PM |
| Oct. 2-6 | ANHS- Salt Creek 7:00 AM - 8:30 AM | DHHS - Salt Creek 7:00 AM - 8:30 AM | ANHS-Salt Creek 7:00 AM - 8:30 AM CVHS - Strands 7:00 AM - 8:30 AM | DHHS - Salt Creek 7:00 AM -8:30 AM | ANHS-Strands 7:00 AM - 8:30 AM CVHS-Salt Creek 7:00 AM - 8:30 AM |
| Oct. 9-13 | ANHS -Salt Creek 7:00 AM - 8:15 AM | DHHS - Salt Creek 7:00 AM 8:30 AM | ANHS - Salt Creek 7:00 AM -8:30 AM CVHS - Strands 7:00 AM - 8:30 Am | DHHS-Salt Creek 7:00 AM - 8:30 AM | ANHS-Strands 7:00 AM - 8:30 AM CVHs - Salt Creek 7:00 AM 8:30 AM |
| Oct. 16-20 | CVHS - Salt Creek 7:00 AM - 8:30 AM | DHHS - Salt Creek 7:00 AM - 8:30 AM | ANHS - Salt Creek 7:00 AM - 8:30 AM CVHS - Strands 7:00 AM - 8:30 AM | Laguna vs. DHHS- Salt Creek 7:00 am - 9:00 AM | ANHS - Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM 8:30 AM |
| Oct. 23-27 | ANHS - Salt Creek 7:00 AM - 8:30 AM DHHS SChS -T Street | DHHS - Sal Creek 7:00 AM - 8:30 AM | ANHS - Salt Creek 7:00 AM - 8:30 AM CVHS - Strands 7:00 AM - 8:30 AM | Laguna vs. DHHS- Salt Creek 7:00 am - 9:00 AM | ANHS - Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM 8:30 AM |
| Oct. 30-Nov.3 | ANHS vs DHHS - Salt Creek 7:00 AM - 9:00 AM | | | DHHS-Salt Creek 7:00 AM - 8:30 AM | ANHS - Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM 8:30 AM |
| Nov. 6-10 | CVHS - Salt Creek 7:00 AM - 8:30 AM | DHHS-Salt Creek 7:00 AM - 8:30 AM | ANHS - Salt Creek 7:00 AM - 8:30 AM CVHS - Strands 7:00 AM - 8:30 AM | DHHS-Salt Creek 7:00 AM - 8:30 AM | Veterans Day |
| Nov. 13-17 | ANHS - Salt Creek 7:00 AM - 8:30 AM | DHHS-Salt Creek 7:00 AM - 8:30 AM | | | |
| Nov. 20-24 | THANKSGIVING BREAK | THANKSGIVING BREAK | THANKSGIVING BREAK | THANKSGIVING DAY | THANKSGIVING BREAK |
| Nov. 27-Dec.1 | CVHS - Salt Creek 7:00 AM - 8:00 AM | DHHS-Salt Creek 7:00 AM - 8:30 AM | ANHS-Salt Creek 7:00 AM - 8:30 AM CVHS - Strands 7:00 AM - 8:30 AM | DHHS-Salt Creek 7:00 AM - 8:30 AM | ANHS - Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM 8:30 AM |
| Dec. 4-8 | ANHS - Salt Creek 7:00 AM - 8:00 AM | DHHS-Salt Creek 7:00 AM - 8:30 AM | ANHS - Salt Creek 7:00 AM - 8:30 AM CVHS - Strands 7:00 AM - 8:30 AM | DHHS-Salt Creek 7:00 AM - 8:30 AM | ANHS - Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM 8:30 AM |
| Dec. 11-15 | CVHS - Salt Creek &:00 AM - 8:15 AM | DHHS-Salt Creek 7:00 AM - 8:30 AM | ANHS - Salt Creek 7:00 AM - 8:30 AM CVHS - Strands 7:00 AM - 8:30 AM | DHHS-Salt Creek 7:00 AM - 8:30 AM | ANHS - Strands 7:00 AM - 8:30 AM CVHS - Salt Creek 7:00 AM 8:30 AM |
| Dec. 18-22 | ANHS - Salt Creek 7:00 AM - 8:00 AM | ANHS vs DHHS Salt Creek 7:00 AM - 9:00 AM CVHS - Strands 7:00 AM - 8:30 AM | | | |
| Dec 26-Jan. 6 | WINTER BREAK | WINTER BREAK | WINTER BREAK | WINTER BREAK | WINTER BREAK |
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| Surfing: | | | | | |
| ANHS= Aliso Niguel High School - | Practices at Salt Creek/Strands listed above | | | | |
| CVHS = Capistrano Valley High School - | Practices at Salt Creek/Strands listed above | | | | |
| DHHS= Dana Hills High School - | Practices at Salt Creek - listed above | | | | |
| Competitions | | | | | |
| Stand up Paddle Boarding (SUP): | | | | | |
| DHHS= Dana Hills High School - | Practices every Tuesday and Thursday, from 1:00 - 3:30 PM at Baby Beach in Dana Point Harbor | | | | |
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