



NAUSEA-VOMITING - PEDIATRIC

ALS STANDING ORDERS:

1. If signs of dehydration or poor perfusion:

- ▶ *Establish IV access*
- ▶ *infuse 20 mL/kg Normal Saline bolus, may repeat twice to maintain perfusion.*

2. If altered mental status or unresponsive:

Obtain blood glucose and document finding, if blood glucose less than 60, administer one of:

- ▶ *Oral glucose preparation, if airway reflexes are intact.*
 - ▶ *10% Dextrose 5 mL/kg IV (maximum dose 250 mL).*
 - ▶ *Glucagon 0.5 mg IM if unable to establish IV.*
- Note: IO access may be used for dextrose administration when patient is unconscious with blood glucose < 60, unable to establish IV and there is no response to IM glucagon.*

3. For continuous nausea or vomiting and age 4 years or greater, administer:

- ▶ *Ondansetron (Zofran™) 4 mg (one 4 mg ODT tablets) to dissolve orally on inside of cheek as tolerated;*

4. Maintain airway, suction as necessary.

5. ALS transport to nearest appropriate ERC, contact Base Hospital as needed.

Approved:

A handwritten signature in blue ink, appearing to read "S. R. Nathu".

Review Dates: 05/16, 11/16, 4/17, 7/17
Final Date for Implementation: 7/10/2017
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TREATMENT GUIDELINES:

- Repeated vomiting can result in hypovolemic shock. If dehydration suspected, intravenous normal saline infusion is required to help control vomiting.
- Vomiting can be a symptom of diabetic ketoacidosis, which is best treated with normal saline as described in SO above.

Approved:

A handwritten signature in blue ink, appearing to read "S. Matthews".

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